

Intern2China

Secure an Internship **(legally)** in China
through the Benelux Chamber of
Commerce

Information Sheet for AFEC Members
2026.8



Benelux Chamber of Commerce

Our Organization

- Benelux Chamber of Commerce is the main business platform and a **non-profit organization** for Belgium, the Netherlands, and Luxembourg in China.
- Supported & accredited by the **governments of Belgium, the Netherlands, and Luxembourg.**
- Established in 2001, with offices in **Beijing, Shanghai, and Guangzhou.**
- Over 300 member companies nationally, including more **than 200 Benelux companies based in Shanghai.**
- Membership includes Large Enterprises, SMEs, and individuals interested in China.
- Operates as a **non-profit** with a **Benelux and Chinese staff**; funded by subsidies, memberships, sponsorships, and events.
- **Accredited** by the BLCCA in 2010.

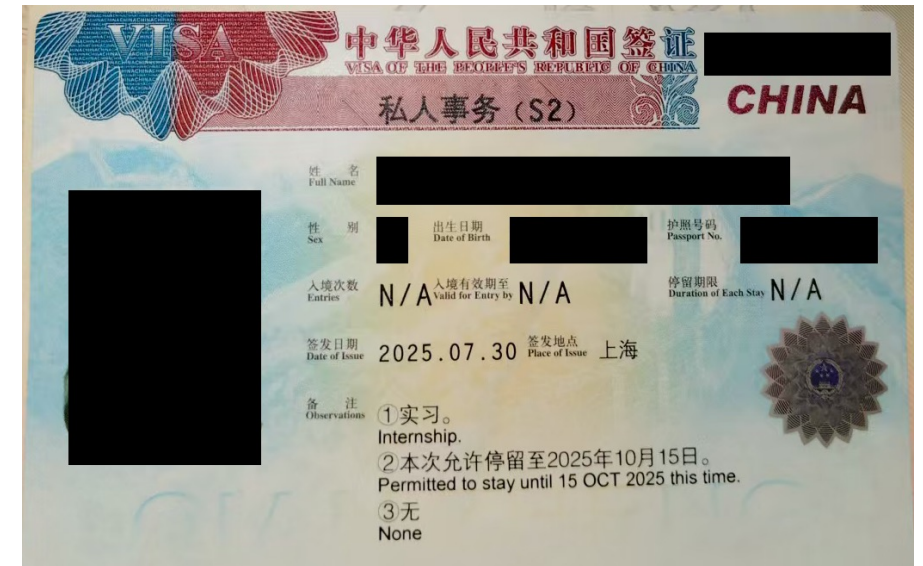


benelux 荷比卢商会
chamber of commerce in china

Internships in China

General Context Internships in China

- Many international students seek internships in Shanghai but face **hurdles with visas and host companies**.
- Those partaking in **the Intern2China program** by the Benelux Chamber of Commerce can legally intern in China. They obtain a **S2 Internship Visa** – issued **within** Mainland China (Shanghai) **on arrival**, available only to nationalities who can first enter visa-free (most EU countries). The internship visa has a maximum duration of **6 months**.
- Without these visas and sponsorship, internships **are not legally permitted** under Chinese immigration law (with limited exceptions, **such as the 1000 Interns Programme**)
- **This presentation will explain and compare the various options to successfully (and legally) land an internship in China.**



Shanghai Government Exit & Entry Bureau:

*...Foreign students from overseas universities who are invited by **recognized** Chinese enterprises/institutions to do internships may apply for a one-year visa marked "internship" at the Exit-Entry Administration...*

Internships in China

Visa & Permit Options for Internship Purpose

Internship Permit/Visa (Z visa) through 1000 Stagiaires

Short-Term Internship (max. 180 days)
Apply for permit 3-6 months in advance.

- Employer needs to have a **license to hire foreign staff**.
- Students need to **notarize & provide non-criminal record**.
- Students **must obtain a Z-visa** from the Chinese embassy abroad, **120 EUR**.
- Students must convert the Z-visa upon arrival to a Residence Permit, **50 EUR**.
- Multi-entry Residence Permit = students can leave Mainland China during the internship.

Internship Permit through Benelux Chamber (Intern2China)

Short-Term Internship (max. 180 days)
Apply for permit 8 days in advance. Issues on arrival in China.

- Employers can hire interns **without any additional permits**.
- **Personalized matchmaking** through the Chamber of Commerce.
- Students **don't need to provide additional documents, except proof of enrollment in a university and their passport**.
- Students **will obtain their Internship Permit upon arrival in China, 25 EUR**, under the guidance and in-person assistance from the Chamber.
- Students **don't need to apply** for a visa prior coming to China.
- Single-Entry Internship Permit = Permits will expire when leaving Mainland China.
- Students can enjoy Chamber benefits, such as **Digital Survival Guide, assistance with finding housing providers, airport pick up, Chinese app set-up, a Bootcamp Day, access to Chamber business events, etc.**

Intern2China

Your gateway to a successful internship in Shanghai

Through our exclusive network within the Benelux Chamber of Commerce in China, we help international students **secure meaningful internships in and around Shanghai**. We work with trusted (non-)member companies in sectors such as marketing, finance, technology, hospitality, and law. Besides the matchmaking, our services provide a smooth landing for the interns.

Every Intern2China placement is **100% legal** and fully approved by local authorities, with a **specialized internship permit** issued by the Shanghai Entry-Exit Bureau and supported by the Benelux Chamber of Commerce upon arrival.



4-6

Month Internships

100+

Students Placed in 2024, 2025 and 2026

95%

Internship Matchmaking Success Rate

50+

Industries Within Our 220+ Members

Support & Industries

Tailored Matchmaking

Personal intake calls to align your skills and career goals with the right host company in Shanghai's dynamic market.

100% Legal & Compliant

Full support for the specialized internship permit issued by the Shanghai Entry-Exit Bureau, ensuring a worry-free stay.

The Bootcamp Experience

Start your journey with an immersive Bootcamp Day: business insights, company visits, and cultural tours to kickstart your experience.

Tailored Matchmaking

We assist with airport pickup, SIM card, and support throughout the internship to make you feel at home from the moment you land.



Marketing & Communication



Technology & IT



Hospitality & Tourism



Law & Legal Services



Finance & Accounting



More...



Internship through Benelux Chamber

Intern2China Full Package vs. Intern2China AFEC Basics Package

INTERN2CHINA FULL PACKAGE (MATCHMAKING INCLUDED)

Internship Support Fee – 599 EUR, includes:

- **Intake interview** with the Benelux Chamber of Commerce.
- **Personalized matchmaking process**, based on skills and industry interests.
- Airport pick up, further assistance with finding an **apartment, SIM card set up, apps, etc. (Benelux Bootcamp Day)**.
- **Visa application and conversion assistance (S2 Internship Visa)**, including mediation between the intern and the employer regarding all administration work.
- **Continuous support during the internship period (on demand)**.
- **Access to Benelux Chamber events as a member**.

INTERN2CHINA AFEC BASICS PACKAGE (EXCLUDING MATCHMAKING)

Internship Support Fee – 349 EUR, includes:

- Assistance with finding an **apartment, SIM card set up, apps, etc. (Benelux Bootcamp Day)**.
- **Visa application and conversion assistance (S2 Internship Visa)**, including mediation between the intern and the employer regarding all administration work.
- **Continuous support during the internship period (on demand)**.
- **Access to Benelux Chamber events as a member**.

Intern2China

The Process: Full Package (Matchmaking Included)

Connection	Confirmation	Coordination	Completion
Step 1 Student has not secured an internship in China, registers on crm.intern2china.org , signs the matchmaking agreement and transfers the internship support fee .	Step 5 The Chamber issues "Confirmation on Internship Acceptance" to student.	Step 6 The Chamber will organize a "Survival Guide" webinar for all students.	Step 10 The student gets connected to the employer in Shanghai.
Step 2 Intern gets connected to the Benelux Chamber staff through the Intern2China program and an intake call is conducted.		Step 7 The student arrives in Shanghai visa-free and gets support for the entire relocation process (finding the right accommodation, SIM card, apps, etc.)	Step 11 The Chamber organizes a "Bootcamp Day", entails using WeChat, Alipay, Didi, Meituan, daily life in China (date TBC based on the exact program dates) + social mixers.
Step 3 Benelux Chamber finds potential internship places & conducts interviews with students/companies		Step 8 The student gets support during the process of applying for an S2 internship visa (only issued within China) (thus allowing the student to legally do an internship in China, without the support of a local university).	Step 12 The student starts his/her internship.
Step 4 Employer holds interviews with students & signs contract with student.		Step 9 The student receives the S2 visa 7 business days later.	Step 13 The student is ready to work possessing basic skills in how to manage one's daily life in China.

Intern2China

The Process: AFEC Basics Package (Excluding Matchmaking)

Connection	Confirmation	Coordination	Completion
Step 1 Student has secured an internship in China, registers on crm.intern2china.org , signs the matchmaking agreement and transfers the internship (reduced) support fee .	Step 2 The Chamber issues "Confirmation on Internship Acceptance" to student.	Step 3 The Chamber will organize a "Survival Guide" webinar for all students.	Step 7 The student gets connected to the employer in Shanghai.
		Step 4 The student arrives in Shanghai visa-free and gets support for the entire relocation process (finding the right accommodation, SIM card, apps, etc.)	Step 8 The Chamber organizes a "Bootcamp Day", entails using WeChat, Alipay, Didi, Meituan, daily life in China (date TBC based on the exact program dates) + social mixers.
		Step 5 The student gets support during the process of applying for an S2 visa (only issued within China) (thus allowing the student to legally do an internship in China, without the support of a local university).	Step 9 The student starts his/her internship.
		Step 6 The student receives the S2 visa 7 business days later.	Step 10 The student is ready to work possessing basic skills in how to manage one's daily life in China.

Testimonials

What do others say?



Diego

Social Media Intern at Greenwave China

"I was living in Hong Kong and wanted to intern in mainland China but had no idea how to find a legal opportunity until I found Intern2China. They helped me find that and offered complete support with visas and admin, even connecting my internship with my academic research, and arriving as part of a group made it unforgettable. Highly recommend it!"



Lucie

Marketing Intern at CFL China

"Without Intern2China, navigating an internship in China would have been incredibly challenging. Their support made everything so much easier—from finding the right placement to settling into a new culture. I'm truly grateful for their help, and this experience has been amazing!"



Milosz

Logistics & Supply Chain Intern at Intermax

"Intern2China is far more than just an internship. Beyond help with documents and visas, what stood out most were the member events, networking, company visits, trips, and socials, mostly free or discounted. Through the Chamber I had several companies to choose from and picked an excellent match. Highly recommend it!"



Natalia

Business Operations Intern at MSA Advisory Asia

"If anyone had told me China would be the best six months of my life, I wouldn't have believed them. This program was completely unexpected and one of the best things that's ever happened to me. I got both an exchange and an internship, growing professionally and personally along the way."



Olivier

Business Operations Intern at Beconnected

"Six months in Shanghai turned out to be one of the most valuable experiences of my life — professional growth through my internship at Beconnected, and personal growth through travel, Mandarin, and Chinese culture. Intern2China made it all possible, from housing and admin to settling in, and arriving as part of a group led to lasting friendships I'll never forget."

Learn more testimonials on our
Intern2China Website

north china 华北 | beijing 北京

east china 华东 | shanghai 上海

south china 华南 | guangzhou 广州

Question?

Reach out to us!



**For more information's,
please visit our Website**

Intern2China Website



Jonathan Xu

General Manager – East China
Benelux Chamber of Commerce in China

Telephone: +86 139 0176 3546
WeChat/WhatsApp: +32477753077
Email: shanghai@beneluxchamber.org



Flor Baeyens

Project Manager – Intern2China
Benelux Chamber of Commerce in China

Telephone: +86 166 2113 7559
WeChat: Florbaeyens
Email: flor@beneluxchamber.org